



Nepal Adventure

Saving Street Dogs +
Kukur Tihar Festival

October 21, 2019 through
November 3 or 6, 2019



Join us in this adventure of a lifetime by helping stray dogs in Nepal and embark on a spectacular exploration of the Himalayan region.

You will see the country in a way most visitors never do by volunteering with the local community and immersing in the Nepalese culture and landscape through ecotourism.

Kukur Tihar Festival

During the trip, you will have the unique experience of seeing how Nepal celebrates Tihar, an important five-day Hindu festival held annually. On the second day, Kukur Tihar, people honor dogs as they offer food and garlands to them to acknowledge the cherished spiritual relationship between humans and dogs.

What You'll Do

We will work on projects with a local shelter that improves the health and lives of homeless animals in Kathmandu and nearby villages.

Then, embark on a trek led by local guides along the foothills of some of the world's tallest peaks. You can choose from two options that best meets your abilities from: 1) a gentle trek with shorter hikes; to 2) a more strenuous mountain trek that requires a higher level of fitness.

Where You'll Stay

Enjoy your stay at a small local or family-owned guesthouse that supports the community, its people and their economy. While trekking, we will stay in traditional tea houses. Breakfast and lunch are included daily. Dinner is also provided during the trek.

Pricing and Trip Options

- 14-day trip - \$2985
- 17-day trip - \$3495

Trip Highlights

- Five days volunteering with free evenings to relax
- Six days trekking (2 options)
- Kukur Tihar Festival
- Two free days in Kathmandu
- Small group travel

Register Today

Reserve your space on this trip by registering now. There is a limit of 10 participants and space is filled on a first-come first-served basis. A \$500 deposit is required for registration. Learn more about this trip and sign up at www.humanitourism.org. For more information, email us info@theinsideandout.com.

"I highly recommend this trip. I was moved by what I saw and decided to help bring some of the stray dogs to the U.S. and adopt a special pup. Amazing trip! You will be transformed! "

~ Lisa S., Loveland, Colorado, USA